

REGISTRATION FORM

DATE-

NAME-

ADDRESS-

STREET-

TOWN/CITY-

PROVINCE/TERRITORY/STATE-

COUNTRY-

POSTAL CODE/ZIP-

PHONE-

EMAIL-

Birthdate (day, month, year)-

Occupation-

What (if any) spiritual background do you have?

What social, emotional, spiritual supports do you currently have? (eg. family, friends, community and/or church involvement, spirituality, personal coping skills, recreational outlets)

Are you currently receiving or have you had previous counselling?

-No

-Yes

If yes, please give further details.

RISK ASSESSMENT

Do you ever take action to harm yourself in any way?

-No

-Yes

If yes, please state what you do.

Are you considering attempting suicide?

-No

-Yes

Suicide Risk (check all that apply)

-I am not currently having suicidal thoughts.

-I have had suicidal thoughts in the past.

-I have attempted suicide before.

-I do not believe that suicide is an option no matter how badly I feel.

-I have never thought of suicide.

****PLEASE NOTE:****

IF YOU ARE SUICIDAL, YOU NEED TO ACCESS EMERGENCY SUPPORT, NOT WAIT FOR A COUNSELLING APPOINTMENT. CONTACT EMERGENCY SERVICES NOW (Dial 911 in North America) OR GO TO YOUR LOCAL HOSPITAL EMERGENCY ROOM.

Do you smoke, drink alcohol, or use drugs? If yes, please state what substance you use, how much, and how often.

Do you have any current medical conditions or illnesses? If yes, please specify.

****Please state the reason(s) you are seeking counselling.****

What do you think life would be like for you, if things were to improve in your situation?

Please check the types of counselling you are interested in:

- PERSONAL COUNSELLING (individual issues for your self)
- FAMILY OR RELATIONSHIP COUNSELLING (issues involving relationships)
- PRAYER COUNSELLING (counselling through the use of directed prayer regarding your situation)
- SELF HELP COURSES (resources/materials provided for you to work through on your own, with feedback from the counsellor)

Please check the modes of counselling service delivery you are interested in:

- Online Counselling
- Telephone Counselling
- Face to Face Counselling
- Intensive Retreat

Other Notes: